

# Psychosoziales Zentrum Mittelhessen Psychosocial Center Mittelhessen



# Where can I find the **PSZ**?

P Liebigstraße 15 35390 Gießen

The PSZ is centrally located in Giessen and is within walking distance of the train station (400m).





The facility is located on the 3rd floor of the building and is accessible via an elevator.

| no parking spaces available |

# What is offered in the counseling sessions?

#### Initial consultation



ca. 50 min

First contact between client and counselor
Recording the complaint/problem
Assessment of the necessary support measures

### 4 further psychosocial counseling sessions



ca. 50 min

Ties in with the initial consultation

Common development of how the current life situation/complaints can be improved independently

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